



Newsletter



Coming November 1! New Name, New Site - Same Great Association Important Information for Members

We are excited to announce that, along with our new name, SHRM Tulsa, we are launching a brand new website on November 1st! The new site will feature new design and logo, improved navigation, easier access to events, payments, member information, and updated mobile site, giving you a better overall online experience.

Due to the large volume of data on our current site, historical information such as invoices, receipts, and records of attendance will not be transferred to the new platform. Please take a moment to review your current TAHRA account, pay any outstanding invoices, and save any information you may need for recertification or for your personal records before November 1st.

Your membership profile will be automatically moved to the new website, and member access instructions will be provided soon.

Also, please note that even though our name is changing to SHRM Tulsa to better align with SHRM, our membership requirements will remain the same and you do **not** have to be a member of SHRM national to be a member of SHRM Tulsa.

We look forward to welcoming you to the new SHRM Tulsa experience!

October Program Meeting - Next week!

Wednesday, October 15

Lunch - 11:15 | Speaker - 12:00

Her Rise Her Rules: 7 Secrets of Successful Leaders Every HR Professional Should Know

Presented by Heidi Hartman, MHR SPHR SHRM-SCP



Unlock the seven leadership secrets every HR leader needs to drive influence, inspire change, and elevate workplace culture. In this energizing session, Heidi Hartman shares actionable strategies on emotional intelligence, confident communication, strategic networking, and reframing failure. Lead boldly, coach effectively, and model the leadership your organization needs now.

Register by Friday, October 10th and receive a copy of Heidi's newly released book "Her Rise Her Rules."

Sponsored by:



REGISTER

October Learning Lab

Thursday, October 23 |2pm - 4pm|

Tulsa Technology Center (Lemley Campus) Client Service Center - Training Room 7

Details about this lab will be available soon!

SIGN UP



This fall, let's TAHRA Together
BRING A FRIEND!

WE HOPE YOU ARE ENJOYING THE BENEFITS OF BEING A MEMBER OF TAHRA! WE'D LOVE FOR YOU TO SHARE THE TAHRA EXPERIENCE WITH YOUR FELLOW HR COLLEAGUES WHO ARE NOT YET MEMBERS.

IN SEPTEMBER AND OCTOBER, YOU CAN BRING AN HR PROFESSIONAL WHO ISN'T A TAHRA MEMBER TO A PROGRAM MEETING AT NO COST. JUST REGISTER FOR THE PROGRAM AS YOU NORMALLY WOULD AND YOU'LL RECEIVE A PROMO CODE IN YOUR CONFIRMATION EMAIL. SHARE THIS CODE WITH YOUR GUEST SO THEY CAN REGISTER AND ATTEND THE SEPTEMBER OR OCTOBER PROGRAM MEETING FOR FREE!

REGISTER TODAY!

TAHRA.ORG

One lucky guest will win a TAHRA membership for 2025-2026!

HR Department of ONE(ish)

Tuesday, October 14 |3:30pm -4:45pm|

Location - TBD

Join us for the Department of ONE(ish) Group!

Connect with fellow HR professionals in similar roles on Tuesday, October 14. This monthly session provides members of TAHRA the opportunity to share challenges, strategies, and successes unique to those working in small HR teams (no more than 2 people in HR). Facilitators Jenny Ruggs and Brittany Carolus will offer insights, best practices, and innovative ideas tailored specifically for HR teams of one.

Please note: This space is reserved for HR practitioners only—no consultants or salespeople.

[RSVP HERE](#)



SHRM TULSA

LAUNCH PARTY!

Come out for a great night of networking with other area HR pros as we celebrate the newly renamed, **SHRM Tulsa** with food, drinks, and giveaways! **FREE** for members, \$10 for guests.

A new name, but the mission remains.

THURSDAY
OCTOBER 23RD
5:30PM @
INNER CIRCLE

REGISTER TODAY!



WWW.TAHRA.ORG

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EMPLOYMENT LAW & PRACTICES SEMINAR

Developments Impacting Managers, HR Professionals, and Employment Attorneys

November 6, 2025
Tulsa Technology Center - Client Service Center
Tulsa, Oklahoma

Registration has opened for our annual Employment Law and Practices Seminar. It will be held on Thursday, November 6, 2025 at Tulsa Technology Center, Client Service Center, 3638 S. Memorial Drive in Tulsa, Oklahoma.

Sessions this year include practical steps for handling employee garnishments, religious accommodation guidance following *Groff v. DeJoy*, and a proven approach to conducting defensible workplace investigations, including the use of AI. Attendees will also hear the latest on employee benefits legislation, medical marijuana laws in Oklahoma, and how to create compliant drug policies. The seminar will wrap up with an interactive “Stump the Lawyer” session featuring real-world HR challenges and questions from attendees..

This full-day seminar will provide important education, insights, and strategies

to assist employers in navigating the murky waters of employment law compliance and best practices.

[Click here to view the agenda.](#)

Learn More and Register



50% Off SHRM Membership — New Members Only

You're already a leader in your organization. SHRM makes you a leader in the profession.

You're the one everyone comes to — from the new manager who's never done a performance review to the CEO who wants a hiring strategy yesterday.

You're balancing **culture**, **compliance**, and **business goals**, all at once. And while you've got the experience to handle it, having the right support changes everything.

For limited-time only, and exclusively through SHRM Chapters, [join SHRM](#) for **half the cost** and get access to the resources SHRM members rely on every day, like:

- **EO Impact Zone** — So when an executive order drops, you can brief leadership *that day* with next steps.
- **SHRM HR Knowledge Advisors** — Your real-time, 1:1 live support for the questions you have that don't have easy answers.
- **Resource Library** — Templates, policies, and how-to guides that mean you never start from scratch.
- **Professional Development** — Up to 35% in member-exclusive savings on credentials, SHRM conferences, certifications, and more.
- **Benchmarking & Data** — Facts and figures to back your recommendations.

When you're the one people count on, turn to SHRM for the network that's got your back.

USE CODE: NewMembersOnly

****Note: Promo code is case-sensitive. Please enter code exactly as displayed at checkout.***

Disclaimer: *Promo code NewMembersOnly will apply a 50% discount (\$149 value) to a 1-year SHRM professional membership. This promo code is not combinable with other SHRM offers. Valid from 8/13/2025 - 12/31/2025. Exclusions apply.*

Welcome new members!

Megan Strimple - Roxtec Inc
Tatyana Williams - Hayden Industrial
Dana Cookson - Stout Construction
Stephanie Dary - Steel and Pipe Supply
Corey Walker - Ncite Partners
Kacy Shea - ONE Gas
Cynde Hutchinson - Amcor Flexibles
Bri Hines - Career Development Partners
Vung Mawi - AAON Inc
Princeton Donald - TTCU Federal Credit Union
Tia Collins
Sumpa Akhter - Oklahoma Rehabilitation Services
Katie Packell - Arrowhead Consulting
Catrina Rockholt - Seasons Hospice
Lindsey Bowling - City of Glenpool



TAHRA proudly supports SHRM Foundation, the nonprofit arm of SHRM, which mobilizes HR as a force for social good. We believe each of us in HR has the power and opportunity to lead change in the workplace. Together we're building a more inclusive talent pipeline, addressing mental health and wellness, and strengthening the HR field. Get involved to nurture the potential in HR, talent, and workplaces. Donate to make possible the research, toolkits,

certificates, and scholarships that help us all thrive together.

[Learn More and Contribute Here](#)

Mark your calendar!

October 14 - HR Dept of 1(ish)

October 15 - Program Meeting

October 23 - Learning Lab

October 23 - SHRM Tulsa Launch Party

October 24 - Early Registration for Employment Law Seminar Ends

November 1 - New Name, New Website Launch

November 6 - TAHRA Employment Law and Practices Seminar

[Calendar](#)



[SHRM Website](#)

[HRCI Website](#)

[OKHR Website](#)

Tulsa Area Human Resources Association | PO Box 140958 | Broken Arrow, OK 74014 US

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